



What is Psychology?

Psychology is the scientific study of behaviour and associated biological, cognitive and social processes in humans and other animals. It provides insight into understanding how the brain works, and touches on all aspects of human life.

In addition to understanding the behaviour of individuals and groups, and normal and abnormal development, there are many fascinating areas of psychology that can be studied.

Psychology can be studied as a major as part of an Arts, Science or Health Sciences degree, or the Bachelor of Psychological Science can be studied to minor in one or two of the following areas: psychological wellbeing, forensic psychology, workplace psychology, psychology for the common good, neuroscience and cognition, and Mori and indigenous perspectives.

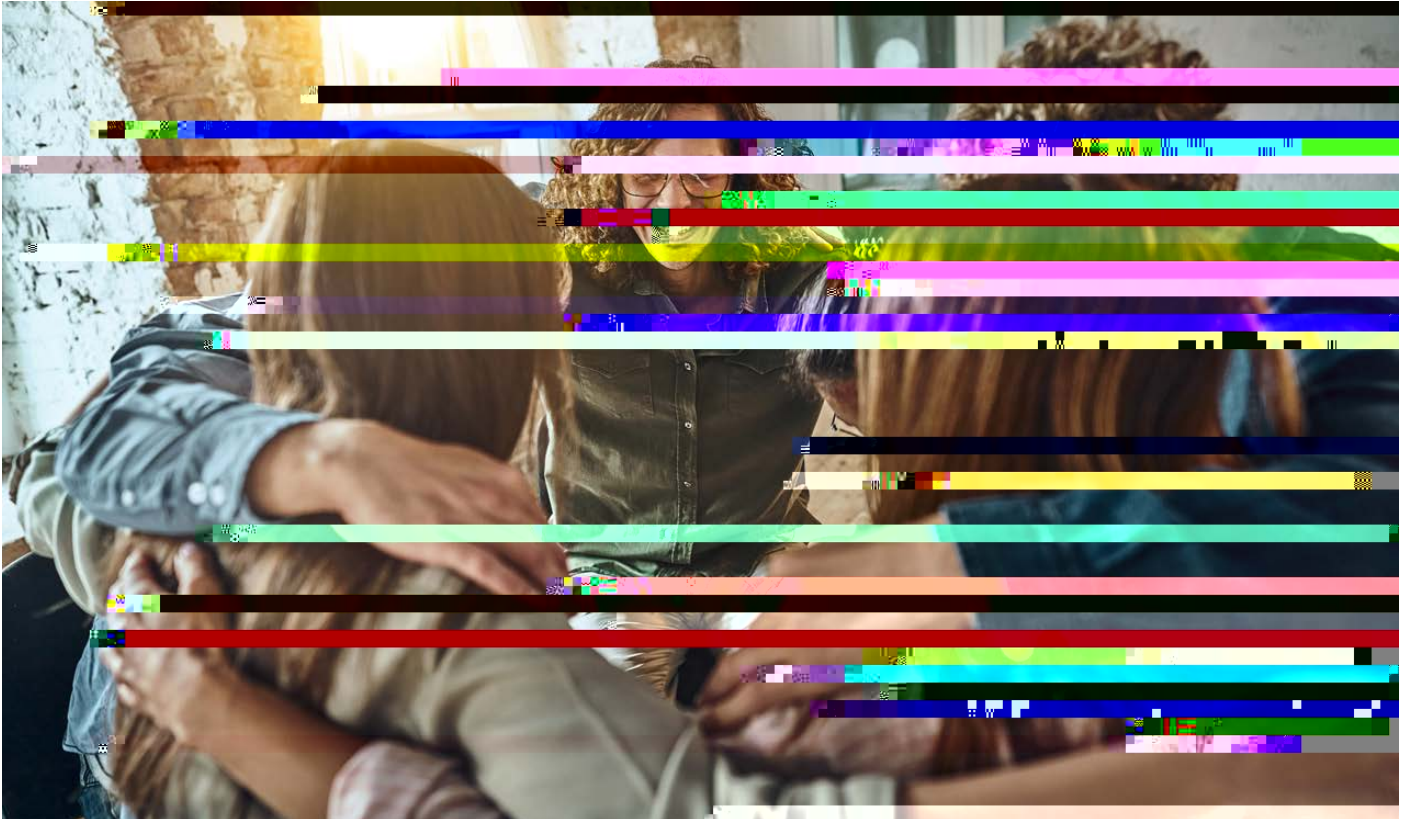
Career and study information

Some study pathways and degrees have a recommended school background, and some careers may require further study beyond a first degree or additional experience.

Further information:

- Subject-specific content at www.canterbury.ac.nz/study/academic-study/subjects/psychology
- Job profiles on career websites like www.careers.govt.nz
- Job adverts/vacancy descriptions
- Industry professional bodies.

This resource is part of a set of brochures focused on subject majors; many can also be studied as minors.



What skills can graduates gain?

Through studying a degree in Psychology, graduates develop a valuable set of skills and competencies, which can include:

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